Reason / Problem UpToDate UpToDate 👾 (1) Confusion



Acute Confusion Care Plan

Risk Factors UpToDate * 🛊 🕕

Condition/Disease:

Acute illness

Advanced age

Chronic illness

Dementia 🍿 🐞

Disturbed sleep pattern

Fluid or electrolyte imbalance

Immobility

Impaired nutritional status

Infection

Metabolic disorder

Neurologic impairment

Pain

Sensory impairment

Substance abuse withdrawal/toxicity

Therapy-Related: 🦙



Surgery/procedure 👘 🚺

Use of restraints

Assessment 🔊 🕕



Functional:

Drowsiness

Sleep pattern disturbance

Health Behavioral:

Behavioral changes

Physiological:

Psychomotor activity change

Psychological:

Altered attention span

Changes in cognition

Disorientation

Hallucinations

Impaired memory

Impaired perceptions

Inability or impaired ability to communicate

Irritability

Verbalizes anxiety or stress

Expected Outcomes 👣 👣



Activity:

Sleeping patterns will improve

Cognitive:

Orientation to person, place, and time will improve

Will regain or maintain usual level of consciousness

Coping:

Ability to remain calm will improve

Safety:

Ability to remain free from injury will improve

Self-Care:

Ability to participate in self-care as condition permits will improve

Interventions UpToDate in



Activity:

Encourage mobilization to extent of ability 🛊 🚺

Collaborate with physical therapy

Support uninterrupted sleeping periods

Use cluster care

Provide lighting to follow normal sleep and wake patterns

Cognitive:

Assess underlying cause of condition

Provide aids to assist in orientation

Explain changes in routine

Use clear and simple explanations

Provide consistency in caregivers

Provide consistency of environment and routine

Provide frequent verbal reminders (eg, time, day, place)

Explain information regarding tests and procedures UpToDate

Assess medication effects 🙀 済 🦙 🍾

Perform delirium screening 🍖 🦙 🕒 🕒

Assess neurologic status UpToDate*

Use photos and familiar objects from home

Collaborate with geriatrics

Coping:

Provide quiet time and decreased environmental stimulation

Provide reassurance

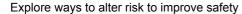
Encourage interaction with others

Encourage family support

Monitor pain status 🛖 🚺

Collaborate with music therapy

Safety: 🌸

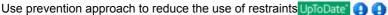


Assess risk factors for falls 🧸 🦪



Implement fall prevention measures

Provide placement of familiar objects within reach









Use aspiration precautions

Encourage use of eyeglasses

Encourage hearing aid use

Self-Care:

Assist activities of daily living

Provide cues to aid task performance

Provide adequate time to perform tasks as needed

Evaluation

Activity:

Sleeping patterns have

Cognitive:

Orientation to person, place, and time has

Has regained or maintained usual level of consciousness

Coping:

Ability to remain calm has

Safety:

Ability to remain free from injury has

Self-Care:

Ability to participate in self-care as condition permits has